

HLTH 134C : Practicum to Hawaiian and Indigenous Health and Healing: Kupuna care for Nurse Aides

This course is a practicum companion to HLTH 124 and is required for students planning to qualify to sit for the State of Hawaii Nurse Aide exam to become a Certified Nurse Aide (CNA). Intro to Hawaiian and Indigenous Health and Healing combines traditional Western healing knowledge and care giving skills. Training in the Native Hawaiian traditional healing practices focuses on mālama kūpuna (elder care), mālama ‘aina (agricultural practices), ka ‘a‘ike waha (communication), ‘ai Pono (healthy nutrition), ho‘oponopono (mutual restitution), lomilomi (massage), and lā‘au lapa‘au (plant medicine). Western knowledge focuses on human anatomy, medical terminology, basic nursing care, basic home care, emergency care, nutrition, dressing, bathing and feeding patients, taking patients' temperature, blood pressure and pulse, and reporting too nurses. (3 hours clinical instruction)

Credits 1

Recommended Preparation

Grade of C or better in ENG 23, OR placement into ENG 100W or higher. Grade of C or better in MATH 75X, OR placement into MATH 82.

Prerequisites

Grade of C or better or registration in HLTH 124C.

Course Outcomes

- Explain appropriate pre and post procedures used when providing various types of care;
- Successfully perform 14 of the Hawaii CNA mandatory skills.