

CHW 135 : Health Promotion and Disease Prevention

Explores the role Community Health Workers play in health promotion and disease prevention. Introduces the major causes of premature mortality and morbidity, behavioral and environmental contributions to illness and injury, and strategies for promoting health, wellness, and risk reduction. Provides opportunities to practice developing and teaching health promotion/disease prevention classes.

Credits 3

Lecture Hours 3

Prerequisites

Grade of C or better in CHW 101, or instructor consent.

Course Outcomes

- Identify health promotion strategies and their rationale.
- Examine major behavioral and environmental risk factors for illness, disease, and injury.
- Apply concepts and practice teaching skills to promote healthy behaviors and prevent chronic disease.
- Access and analyze health information.