

# Mental Health Technician

## Type

Certificate of Competence

The Certificate of Competence in Mental Health Technician is a 9-credit program that prepares students for work as assistants to mental health professionals in institutional settings. Successful completion of this certificate broadens and enhances the skills and knowledge of existing state mental health employees and incumbent workers in other related fields. Graduates will gain knowledge in human behavior and the biopsychosocial nature of abnormal behaviors and the current theories and intervention in working with individuals living with mental health issues.

Upon successful completion of this certificate, students will be able to:

- Develop basic understanding of human behavior and the biopsychosocial nature of abnormal behaviors.
- Identify current theories and interventions in working with individuals living with mental health issues.

## Required Courses (6 credits)

Item #	Title	Credits
PSY 100	Survey of Psychology	3
PSY 253	Conflict Resolution & Mediation	3

## Electives (3 credits)

Choose 1 course from the following:

Item #	Title	Credits
PSY 170	Psychology of Adjustment	3
PSY 224	Abnormal Psychology	3
PSY 240	Developmental Psychology	3
PSY 270	Introduction to Clinical Psychology	3
PSY 294	Special Topics: Psychology	3
<b>Total Credits</b>		<b>9</b>