

# IS 103 : Introduction to College

This course offers strategies for success in college and life-long learning. It emphasizes understanding yourself, setting and attaining goals, critical thinking, effective communication, relationship building, study habits and skills, time management, college resources, and setting your foundation to succeed. Students will participate in and lead classroom learning through discussions, readings, writing assignments, group activities, and hands-on experiences.

**Credits** 3

**Lecture Hours** 3

## **Course Outcomes**

- Identify personal characteristics (e.g., learning styles, strengths and weaknesses, habits of mind) and analyze how these impact decision-making and success.
- Consider those factors which impact student relationships with others and articulate strategies and skills to encourage strong relationship building.
- Identify college policies and resources related to students.
- Practice learning strategies (e.g., note-taking, time management, test-taking) to increase success in college coursework.