

# HDFS 230: Human Development and Family Studies

This course provides students with theories of biological, cognitive, and psycho-social development from infancy to adulthood and with similarities and differences among individuals and their cultures.

**Credits:** 3

**Lecture Hours:** 3

**Program:** Human Development and Family Studies

**Recommended:**

PSY 100.

**Student Learning Outcomes:**

- Compare and contrast the various theories of human development and behavior.
- Describe biological, cognitive, and psychosocial development for each life-span period.
- Investigate the existence of similarities, differences, and uniqueness in human development among individuals and their culture.
- Apply human development theories and concepts to personal, social, educational, and occupational experiences.