

PSY 224: Abnormal Psychology

Concepts and principles used in clinical practice: dynamics, diagnosis, and treatment of abnormal behavior. Compares and contrasts the different patterns of abnormal behavior. Examines the differences in theoretical models for understanding maladaptive behavior.

Credits: 3

Lecture Hours: 3

Prerequisites:

PSY 100

Grade of C or better in PSY 100

Program: Psychology

Student Learning Outcomes:

- Compare and contrast historical and current theories of abnormal behavior.
- Identify and describe different types of abnormal behavior and the “best practice” therapies associated with each type.
- Apply the principles of psychology to their own thoughts and feelings.
- Illustrate understanding of the role of culture, ethnicity, and socio-economic factors in defining abnormal behavior.